

PAUSE + PRAY (DISCIPLINE)

Read and reread Hebrews 12:5-13. What strikes you and why?

What has the Lord been doing or saying in your life lately? What needs more reflection?

Tell Jesus what's been stirring in your heart throughout the series on discipline. Whether it be questions, fears, ideas, or plans, hold nothing back.

Sit quietly with Jesus and let Him look at you. What does the Lord want to share with you? Ask Him to speak to your heart.