

GET UP, STAND UP (DISCIPLINE)

Pay attention to the movements of your heart. What was the Lord stirring in your heart during Teachable Tuesday?

Do you have a morning/evening routine? What do you love about your routine?

Can you relate to drooping hands and weaving all over the track? What about your routine isn't working?

Is there one micro-habit Jesus is inviting you to make in the morning/evening that will help you to live a more disciplined life?