

YOUR NOTHING-NESS MEETS HIS EVERYTHING-NESS

Where have you been focusing your attention? Who or what has been occupying your thoughts?

What has been the fruit of your thoughts?

Instead of looking to ourselves or at others, how can looking at Jesus instead change our perspective and daily life?

Have you committed to a weekly Holy Hour praying in Eucharistic Adoration? If so, what have been the fruits? If not, what's holding you back?