

# THIRSTY?

What's the best meal you've ever had? What made it so special and satisfying?

How is prayer going? How are you currently praying?

Consider these steps for getting into prayer: drink deeply of the Father's love and presence, calm your mind, invite the Holy Spirit, ask for a grace. How might starting to pray in this way help you to pray more deeply?

What are you thirsting for? Tell Jesus what you desire.