

HOP OFF THE HAMSTER WHEEL

What “anxious thoughts” do you constantly have that you need to turn into effective prayers? Share them with the group so we can pray along with you.

God always looks at us before He answers us. When was the last time you really looked at the Lord?
What did you see?

An easy way to shift your focus from your to-do list to God is to simply say Jesus’ name when you start poring over it. In what ways could this change the way you approach each day’s tasks?

God wants to be involved in every part of your life. What’s one thing you’re going through that you have yet to bring to Him? Let’s invite Him into that situation right now.