

# FEELING BLUE? SING MORE!

How does the music you listen to and sing along with impact your thoughts and mood?  
What songs/artists bring you joy?

What worship song or hymn always moves you?  
Do you have a special memory associated with that song? Share it with us!

Which spiritual reason for singing do you resonate with most? Singing to remember who He is (Psalm 96), singing your way out of sadness (Psalm 40), or singing as spiritual warfare (Joshua 6)?

What song (or verse!) will you sing to the Lord today?  
Make it your anthem.